



	Serving Grams	Calories	Calories from Fat	Total Fat (g)	% Daily Value **	Saturated Fat (g)	% Daily Value **	Trans Fat (g)	Cholesterol (mg)	% Daily Value **	Sodium (mg)	% Daily Value **	Carbohydrates (g)	% Daily Value **	Dietary Fiber (g)	% Daily Value **	Sugars (g)	Protein (g)	% Daily Value			
																			Vitamin A	Vitamin C	Calcium	Iron
12" Medium Pan Pizzas																						
	1 slice	(1 slice = 1/8 pizza)																				
Cheese Only	104	270	120	13	20	5	25	0	25	8	570	24	27	9	1	4	2	11	8	*	20	10
Pepperoni	102	280	130	14	22	5	25	0	25	8	640	27	27	9	1	4	2	12	6	*	15	10
Supreme	127	310	140	16	25	6	30	0	30	10	720	30	28	9	2	8	3	13	6	*	15	15
Pepperoni & Mushroom	109	260	110	13	20	4.5	23	0	20	7	560	23	27	9	1	4	3	11	6	*	15	10
Italian Sausage & Red Onion	119	300	140	15	23	5	25	0	30	10	610	25	28	9	1	4	3	12	6	*	15	10
Quartered Ham & Pineapple	109	250	100	11	17	4	20	0	20	7	560	23	28	9	1	4	4	10	6	*	15	10
Meat Lover's®	135	370	200	22	34	8	40	0	45	15	990	41	28	9	2	8	2	17	6	*	15	15
Veggie Lover's®	119	250	100	11	17	4	20	0	15	5	530	22	28	9	2	8	3	10	8	*	15	10
12" Medium Thin 'N Crispy Pizzas																						
	1 slice	(1 slice = 1/8 pizza)																				
Cheese Only	79	200	80	8	12	4.5	23	0	25	8	570	24	21	7	1	4	3	10	8	*	20	6
Pepperoni	77	210	90	10	15	4.5	23	0	25	8	640	27	21	7	1	4	3	10	6	*	15	8
Supreme	106	230	100	11	17	5	25	0	30	10	730	30	22	7	1	4	3	11	6	*	15	10
Pepperoni & Mushroom	87	190	70	8	12	3.5	18	0	20	7	560	23	21	7	1	4	3	9	6	*	15	8
Italian Sausage & Red Onion	97	230	90	11	17	4.5	23	0	30	10	620	26	23	8	1	4	3	10	6	*	15	8
Quartered Ham & Pineapple	87	180	60	6	9	3	15	0	20	7	570	24	23	8	1	4	4	9	6	*	15	8
Meat Lover's®	111	310	160	18	28	7	35	0.5	45	15	1010	42	22	7	1	4	3	15	6	*	15	10
Veggie Lover's®	101	180	60	7	11	3	15	0	15	5	550	23	23	8	1	4	3	8	8	*	15	8
12" Medium Hand-Tossed Style Pizzas																						
	1 slice	(1 slice = 1/8 pizza)																				
Cheese Only	98	230	90	10	15	4.5	23	1	25	8	620	26	25	8	1	4	3	12	8	*	20	10
Pepperoni	96	240	100	11	17	4.5	23	1	25	8	690	29	24	8	1	4	2	12	6	*	15	10
Supreme	122	270	110	13	20	5	25	1	30	10	780	33	26	9	2	8	3	13	6	*	15	15
Pepperoni & Mushroom	104	230	80	9	14	4	20	1	20	7	610	25	25	8	1	4	3	11	6	*	15	10
Italian Sausage & Red Onion	114	260	110	12	18	5	25	1	30	10	670	28	26	9	1	4	3	12	6	*	15	10
Quartered Ham & Pineapple	104	220	70	8	12	3.5	18	1	20	7	620	26	26	9	1	4	4	10	6	*	15	10
Meat Lover's®	129	340	170	19	29	7	35	1	45	15	1040	43	25	8	1	4	2	17	8	*	15	15
Veggie Lover's®	115	210	70	8	12	3.5	18	1	15	5	580	24	26	9	2	8	3	10	8	*	15	15

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	Serving Grams	Calories	Calories from Fat	Total Fat (g)	% Daily Value **	Saturated Fat (g)	% Daily Value **	Trans Fat (g)	Cholesterol (mg)	% Daily Value **	Sodium (mg)	% Daily Value **	Carbohydrates (g)	% Daily Value **	Dietary Fiber (g)	% Daily Value **	Sugars (g)	Protein (g)	% Daily Value			
																			Vitamin A	Vitamin C	Calcium	Iron
14" Large Pan Pizza																					1 slice (1 slice = 1/8 pizza)	
Cheese Only	146	390	170	19	29	7	35	0	35	12	800	33	38	13	2	8	3	16	10	*	30	15
Pepperoni	143	400	190	21	32	7	35	0	40	13	900	38	37	12	2	8	3	16	8	*	20	15
Supreme	176	440	210	23	35	8	40	0.5	40	13	1020	43	39	13	2	8	4	18	10	*	20	20
Pepperoni & Mushroom	151	380	170	18	28	6	30	0	30	10	790	33	37	12	2	8	3	15	8	*	20	15
Italian Sausage & Red Onion	165	420	200	22	34	8	40	0	40	13	860	36	39	13	2	8	4	17	8	*	20	15
Quartered Ham & Pineapple	152	360	150	16	25	6	30	0	30	10	790	33	39	13	2	8	5	15	8	*	20	15
Veggie Lover's®	163	350	150	16	25	6	30	0	25	8	730	30	39	13	2	8	4	14	10	*	20	15
Meat Lover's®	190	530	280	31	48	11	55	0.5	65	22	1400	58	39	13	2	8	3	23	10	*	20	20
14" Large Thin N' Crispy Pizza																					1 slice (1 slice = 1/8 pizza)	
Cheese Only	111	280	110	12	18	6	30	0	35	12	810	34	30	10	1	4	4	14	10	*	30	10
Pepperoni	109	300	130	14	22	6	30	0	40	13	920	38	29	10	1	4	4	14	8	*	20	10
Supreme	148	330	140	16	25	7	35	0.5	40	13	1040	43	31	10	2	8	4	16	10	*	20	15
Pepperoni & Mushroom	122	270	100	12	18	5	25	0	30	10	800	33	30	10	1	4	4	13	8	*	20	10
Italian Sausage & Red Onion	136	320	140	15	23	7	35	0	40	13	870	36	32	11	2	8	5	14	8	*	20	10
Quartered Ham & Pineapple	123	260	80	9	14	4.5	23	0	30	10	810	34	32	11	1	4	6	12	8	*	20	10
Veggie Lover's®	141	260	90	10	15	4.5	23	0	25	8	770	32	31	10	2	8	5	12	10	*	20	10
Meat Lover's®	157	430	230	25	38	10	50	0.5	65	22	1430	60	31	10	2	8	4	21	10	*	20	15
14" Large Hand-Tossed Style Pizzas																					1 slice (1 slice = 1/8 pizza)	
Cheese Only	142	340	130	14	22	7	35	1.5	35	12	900	38	36	12	2	8	4	17	10	*	30	15
Pepperoni	140	360	150	16	25	7	35	1.5	40	13	1010	42	35	12	2	8	4	17	10	*	20	20
Supreme	174	390	160	18	28	8	40	1.5	40	13	1130	47	37	12	2	8	4	19	10	*	20	20
Pepperoni & Mushroom	149	330	120	14	22	6	30	1.5	30	10	890	37	36	12	2	8	4	16	10	*	20	20
Italian Sausage & Red Onion	163	370	150	17	26	7	35	1.5	40	13	960	40	38	13	2	8	4	17	10	*	20	20
Quartered Ham & Pineapple	150	310	100	11	17	5	25	1.5	30	10	900	38	38	13	2	8	5	15	8	*	20	20
Meat Lover's®	187	490	240	27	42	11	55	1.5	65	22	1510	63	37	12	2	8	3	24	10	*	25	20
Veggie Lover's®	163	310	100	12	18	5	25	1.5	25	8	840	35	37	12	2	8	4	14	10	*	20	20
14" Large Stuffed Crust Pizzas																					1 slice (1 slice = 1/8 pizza)	
Cheese Only	150	360	140	16	25	8	40	1.5	40	13	1050	44	37	12	2	8	4	18	15	*	30	15
Pepperoni	152	390	170	19	29	8	40	1.5	50	17	1200	50	37	12	2	8	4	19	15	*	25	20
Supreme	185	420	190	21	32	9	45	1.5	50	17	1320	55	39	13	2	8	4	21	15	*	25	20
Pepperoni & Mushroom	160	360	150	16	25	7	35	1.5	40	13	1090	45	37	12	2	8	4	18	10	*	25	20
Italian Sausage & Red Onion	174	410	180	20	31	9	45	1.5	50	17	1160	48	39	13	2	8	4	19	15	*	25	20
Quartered Ham & Pineapple	161	350	120	14	22	7	35	1.5	40	13	1090	45	39	13	2	8	5	17	10	*	25	20
Meat Lover's®	199	520	260	29	45	12	60	2	75	25	1690	70	38	13	2	8	4	26	15	*	30	20
Veggie Lover's®	173	340	130	14	22	7	35	1.5	35	12	1030	43	38	13	2	8	4	16	15	*	25	20

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																			Vitamin A	Vitamin C	Calcium	Iron
XL Full House Pizza™																						
	1 slice	(1 slice = 1/12 pizza)																				
Cheese Only	114	280	110	12	18	5	25	0	30	10	690	29	30	10	2	8	3	12	8	*	20	10
Pepperoni	111	280	120	13	20	5	25	0	30	10	750	31	30	10	2	8	3	12	8	*	15	10
Supreme	139	310	130	14	22	6	30	0	30	10	830	35	31	10	2	8	3	13	8	*	15	15
Pepperoni & Mushroom	121	270	100	11	17	4.5	23	0	25	8	670	28	30	10	2	8	3	11	8	*	15	10
Italian Sausage & Red Onion	130	300	120	14	22	5	25	0	30	10	720	30	32	11	2	8	4	12	8	*	15	10
Quartered Ham & Pineapple	121	260	90	10	15	4	20	0	20	7	680	28	32	11	2	8	4	11	8	*	15	10
Meat Lover's®	143	370	180	20	31	8	40	0	45	15	1090	45	31	10	2	8	3	17	8	*	15	15
Veggie Lover's®	135	260	90	10	15	4	20	0	20	7	650	27	31	10	2	8	4	10	10	*	15	15
6" Personal Pan Pizzas																						
	Whole pizza																					
Cheese Only	249	620	230	26	40	11	55	0.5	60	20	1370	57	69	23	3	12	7	28	15	*	50	25
Pepperoni	245	640	260	29	45	11	55	0.5	65	22	1530	64	67	22	3	12	7	28	15	*	35	30
Supreme	303	710	300	34	52	13	65	1	70	23	1800	75	70	23	4	16	8	32	15	*	35	30
Pepperoni & Mushroom	256	600	230	25	38	10	50	0.5	55	18	1350	56	68	23	3	12	8	26	15	*	35	25
Italian Sausage & Red Onion	286	690	290	33	51	12	60	0.5	70	23	1530	64	71	24	4	16	8	29	15	*	35	30
Quartered Ham & Pineapple	258	570	190	21	32	8	40	0	50	17	1360	57	70	23	3	12	9	25	15	*	35	25
Meat Lover's®	333	890	440	49	75	18	90	1	115	38	2460	102	70	23	4	16	7	41	15	*	40	35
Veggie Lover's®	275	560	190	22	34	8	40	0	40	13	1250	52	70	23	4	16	8	24	15	*	35	30
12" Fit n' Delicious Pizza™																						
	1 slice	(1 slice = 1/8 pizza)																				
Diced Chicken, Red Onion & Green Pepper	105	170	45	5	8	2	10	0	20	7	520	22	23	8	1	4	4	9	6	*	8	8
Diced Chicken, Mushrooms & Jalapeno	103	170	45	5	8	2	10	0	20	7	730	30	22	7	1	4	4	9	6	*	8	8
Ham, Red Onion & Mushroom	99	160	40	4.5	7	2	10	0	15	5	580	24	23	8	1	4	4	8	4	*	8	8
Ham, Pineapple & Diced Red Tomato	99	160	40	4.5	7	2	10	0	15	5	580	24	23	8	1	4	5	8	8	*	8	8
Green Pepper, Red Onion & Diced Red Tomato	104	150	35	4	6	1.5	8	0	10	3	420	18	23	8	1	4	4	6	8	*	8	8
Diced Red Tomato, Mushroom & Jalapeno	102	150	35	4	6	1.5	8	0	10	3	630	26	22	7	1	4	4	6	8	*	8	8
14" Fit n' Delicious Pizza™																						
	1 slice	(1 slice = 1/8 pizza)																				
Diced Chicken, Red Onion & Green Pepper	145	240	60	7	11	3	15	0	30	10	730	30	32	11	2	8	6	13	8	*	10	10
Diced Chicken, Mushrooms & Jalapeno	142	240	60	7	11	3	15	0	30	10	1010	42	30	10	2	8	5	13	8	*	15	10
Ham, Red Onion & Mushroom	138	230	60	7	11	2.5	13	0	20	7	820	34	31	10	2	8	5	11	6	*	10	10
Ham, Pineapple & Diced Red Tomato	138	230	60	6	9	2.5	13	0	20	7	830	35	32	11	1	4	6	11	10	*	10	10
Green Pepper, Red Onion & Diced Red Tomato	144	210	50	6	9	2.5	13	0	10	3	580	24	32	11	2	8	6	8	10	*	10	10
Diced Red Tomato, Mushroom & Jalapeno	141	210	50	6	9	2.5	13	0	10	3	870	36	31	10	2	8	5	9	10	*	10	10

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																			Vitamin A	Vitamin C	Calcium	Iron
Appetizers																						
Hot Wings (2 pieces)	62	120	70	7	11	2	10	0	65	22	500	21	1	0	0	0	0	11	6	0	2	4
Mild Wings (2 pieces)	58	110	60	7	11	2	10	0	65	22	390	16	2	1	0	0	0	11	4	0	2	6
Wing Ranch Dipping Sauce (1.5 oz)	43	220	210	23	35	4	20	0	25	8	400	17	3	1	0	0	2	1	0	0	2	2
Wing Blue Cheese Dipping Sauce (1.5 oz)	43	220	200	23	35	4	20	0	15	5	400	17	3	1	0	0	2	1	0	0	2	2
Breadsticks (each)	50	150	60	6	9	1	5	0	0	0	230	10	20	7	1	4	2	4	0	0	2	8
Cheese Breadsticks (each)	67	200	90	10	15	3	15	0	15	5	370	15	21	7	1	4	2	7	4	0	10	8
Dressings & Dipping Sauces																						
Breadstick Dipping Sauce (3 oz)	85	40	0	0	0	0	0	0	0	0	270	11	8	3	0	0	7	1	10	15	2	2
Ranch Dressing (2 tbsp)	30	100	90	10	15	1.5	8	0	5	2	220	9	2	1	0	0	1	1	0	0	2	0
Thousand Island Dressing (2 tbsp)	30	120	100	11	17	1.5	8	0	10	3	220	9	5	2	0	0	4	0	2	0	0	2
French Dressing (2 tbsp)	30	150	110	13	20	2	10	0	0	0	180	8	9	3	0	0	8	0	2	0	0	0
Italian Dressing (2 tbsp)	30	140	130	15	23	2.5	13	0	0	0	360	15	2	1	0	0	1	0	0	0	0	0
Lite Ranch Dressing (2 tbsp)	30	60	50	6	9	1	5	0	15	5	260	11	1	0	0	0	1	0	0	0	2	0
Lite Italian Dressing (2 tbsp)	30	70	45	5	8	1	5	0	0	0	510	21	5	2	0	0	3	0	0	0	0	0
Desserts																						
Cinnamon Sticks (2 pieces)	55	170	45	5	8	1	5	0	0	0	180	8	27	9	1	4	8	4	0	0	2	8
White Icing Dipping Cup (2 oz)	57	190	0	0	0	0	0	0	0	0	0	0	47	16	0	0	40	0	0	0	0	2
Apple Dessert Pizza (1 slice)	101	260	45	5	8	1	5	0.5	0	0	290	12	52	17	1	4	29	4	2	0	2	6
Cherry Dessert Pizza (1 slice)	101	260	45	4.5	7	1	5	0.5	0	0	280	12	47	16	1	4	22	4	4	10	2	8
Soft Drinks																						
Pepsi @ (Small)	11 fl. oz.	140	0	0	0	0	0	0	0	0	35	2	37	12	0	0	37	0	0	0	0	0
Pepsi (Medium)	14 fl. oz.	180	0	0	0	0	0	0	0	0	45	2	47	16	0	0	47	0	0	0	0	0
Pepsi (Large)	22 fl. oz.	280	0	0	0	0	0	0	0	0	70	3	74	25	0	0	74	0	0	0	0	0
Diet Pepsi @ (Small)	11 fl. oz.	0	0	0	0	0	0	0	0	0	35	2	0	0	0	0	0	0	0	0	0	0
Diet Pepsi (Medium)	14 fl. oz.	0	0	0	0	0	0	0	0	0	45	2	0	0	0	0	0	0	0	0	0	0
Diet Pepsi (Large)	22 fl. oz.	0	0	0	0	0	0	0	0	0	70	3	0	0	0	0	0	0	0	0	0	0
Mt. Dew @ (Small)	11 fl. oz.	150	0	0	0	0	0	0	0	0	50	2	43	14	0	0	43	0	0	0	0	0
Mt. Dew (Medium)	14 fl. oz.	190	0	0	0	0	0	0	0	0	60	3	54	18	0	0	54	0	0	0	0	0
Mt. Dew (Large)	22 fl. oz.	300	0	0	0	0	0	0	0	0	95	4	85	28	0	0	85	0	0	0	0	0

Substitution of ingredients/standard toppings combinations may alter nutritional values. Menu items and hours of availability may vary at participating locations. Although this data is based on standard portion product guidelines, variation can be expect

Calories:		2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375 mg
Dietary Fiber		25g	30 g

This data reflects US products and builds only.

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